

# TESTICULAR CANCER SUPPORT KIT

Recommended Online Forums

Hey man,

Uncertainty creeps in unnoticed.

You start doubting yourself and it can take just one random thought to make you paranoid.

To understand where you are now, you need a perspective of someone who knows exactly what it's like to be lost for words, to be scared and numb, to have times where every little symptom is a sign of impending doom...

What you are going through right now is unique to your experience, but in most cases, it will be something that others can relate to.

They can help by sharing their experience or just hear you out when you need to vent because they've been there and know what it's like.

It's completely anonymous so there's nothing to hold back or hide.

No secrets, no awkwardness, no awkward question – every single person on those forums knows what testicular cancer is like and will treat you with respect you deserve.

If this was helpful, please drop me a line at [joe@simplifycancer.com](mailto:joe@simplifycancer.com)

Best,

Joe

<b>TC-Cancer.com Support Forums</b>	<a href="http://www.tc-cancer.com/forum/index.php">http://www.tc-cancer.com/forum/index.php</a>	<b>The world's largest online testicular cancer forum, these TC-Cancer Support Forums have everything! Incredibly supportive and knowledgeable, this one is highly recommended.</b>
<b>Macmillian Cancer Support - Testicular Cancer</b>	<a href="https://community.macmillan.org.uk/cancer_types/testicular-cancer/discussions">https://community.macmillan.org.uk/cancer_types/testicular-cancer/discussions</a>	<b>This online community is open to everyone with Testicular Cancer with additional phone support service to those in the UK.</b>
<b>Reddit - Testicular Cancer</b>	<a href="https://www.reddit.com/r/testicularcancer/">https://www.reddit.com/r/testicularcancer/</a>	<b>This subreddit is focused on newcomers and even though the membership is small, the folks are very active and helpful.</b>

**M**y name is Joe and for me, cancer was always something that happens to somebody else - until it lands on you.

That's why it's such a shock - everything is up in the air and it's a big mental effort to pull yourself together and get on with life despite cancer.

Losing my testicle, chemo and procedure hammers home what I always knew, but was never forced to confront in a real, tangible way - how fragile and short life is and how I need to make the most of it, on my terms.



## **Joe Bakhmoutski**

Founder of Simplify Cancer

[www.simplifycancer.com](http://www.simplifycancer.com)